

# Personal Safety Awareness

Scout and Star Ranks- <https://www.scouting.org/training/youth-protection/scouts-bsa/>

*The videos #1-4 are required for both ranks are about an hour total depending on how quickly you click the next sections and how much discussion. The Star rank videos #5-8 (denoted with a \*) are about 20 minutes total.*

- 1. Digital Safety (about 20 minutes)**
  - a. Digital Footprint
  - b. Personal Information
  - c. Cyberbullying
  - d. Sexting
  - e. Sextortion
  - f. Digital Safety Resources
- 2. Bullying (about 10 minutes)**
  - a. Recognize Bullying Roles & Dynamic
  - b. Identifying the 4 types of Bullying
    - i. Physical
    - ii. Verbal
    - iii. Social
    - iv. Cyber
  - c. How to Go from Bystander to Upstander
  - d. See it, Stop it, Report it
  - e. Resources
- 3. Abuse (about 25 minutes)**
  - a. Sexual Abuse by Adults
  - b. Grooming Behaviors
  - c. Sexual Abuse by Other Youth
  - d. Physical Abuse
  - e. Emotional Abuse
  - f. Neglect
  - g. Violence in the Home
  - h. Personal Safety
- 4. Youth Protection Policies (youth version) (about 7 minutes)**
  - a. Two-Deep Leadership Requirements
  - b. No 1 on 1 Contact
  - c. Accommodations
  - d. Buddy System
  - e. Respect for Privacy
  - f. Digital Devices
  - g. Secret Organizations
  - h. Youth Leadership
  - i. Constructive Discipline
  - j. Responsibilities
- 5. Persistence for Pictures\* (4:23)**
- 6. Grooming and Sexual Abuse\* (5:43)**
- 7. Sexual Abuse in the Family\* (4:47)**
- 8. Friend Should Never Look the Other Way\* (4:28)**